



TE MANA TRAVELS

ADVENTURES FOR THE SOUL

(800) 477.0566

TEMANATRAVELS.COM



We can't wait for you to relax and enjoy the islands of Tahiti!

WE HOPE THESE FINAL TRAVEL DETAILS AND REMINDERS HELP PREPARE YOU FOR YOUR TIME IN PARADISE!

FINAL TRAVEL DOCUMENTS

Please make sure you have all of your final travel documents before your departure. This should include all electronic tickets (flights) and your travel itinerary/vouchers for all transfers and hotel accommodations. Don't forget your passport and all COVID-related documents. Let the adventures begin!

LOCAL CURRENCY

Just a reminder that credit cards are widely used and accepted throughout the islands at grocery stores, and other places we will stop (vanilla and pearl farm). Call your credit card company in advance to let them know you will be traveling to French Polynesia. ATM cards can be used at local ATM machines to withdraw local cash. Typically, there is a limit (\$300/day) on withdrawals by most banks. If you would like to have a larger sum of local cash with you, we recommend bringing this with you from your bank in the USA and exchanging at the airport, hotel, or local bank. Lines are long at the banks in French Polynesia so we recommend the alternatives. ATM cards can be used at local ATM machines to withdraw local cash (French Pacific Franc, which is abbreviated as XPF or CFP).

TIPPING

Tipping your charter crew and local guides 10-20% for service you have found outstanding is common practice in French Polynesia, but not obligatory. Local guides appreciate tipping in local cash currency, while some of your charter crew members often use PayPal or Venmo for larger sums.

EMERGENCY CONTACT NUMBERS

Jennifer's email: jennifer@temanatravels.com

Te Mana Travels' USA phone number: (920) 509-2285

Te Mana Travels' French Polynesia local number: +689 87 74 89 96

COVID TESTING/ENTRY REQUIREMENTS

The latest and most up to date COVID testing and entry requirements will be sent to you. Please double check all of the requirements closely and make sure you have followed all the necessary steps for testing and entry.

UNLIMITED WIFI CONNECTION

[Tahiti WiFi](#) is located at the airport in Tahiti. You can purchase a portable router once you have arrived or go back another time via taxi from your hotel (for those staying on Tahiti). This is recommended if you would like a stable internet connection during your charter. Check hours of operation as they typically are open when flights are arriving and departing.

LOCAL SIM CARD OR LOCAL PHONE

If you would like a local phone or SIM card, you can [purchase at various Vini stores](#) located on the island of Tahiti. There might be times when your USA phone provider connection may not be strong. This varies and depends on where we are on each island and your provider.

ELECTRONIC CHARGING ONBOARD

Hotels and charter boats in French Polynesia use 220 volt (European/French) outlets. You will need a converter/adaptor from 110-220 volts to charge and use electronics. These European/French adapters are easily found and purchased online, or in most travel sections of major retailers in the USA.

SEA SICKNESS

Cruising and sailing the peaceful lagoon waters of French Polynesia is about as ideal as it gets, and we rarely have clients that get seasick. If there are any open water crossings in the itinerary, we do recommend bringing some "over the counter" well-known medications for motion sickness from home. There are some non-drowsy or reduced drowsiness versions available. In general, we recommend this be taken approximately 1-3 hours before we exit the lagoon water into the open water outside the reef. Some guests also benefit from the Scopalamine transdermal patch. This is a topical patch placed behind the ear. It is available only by prescription. Acupressure wrist bands are said to stimulate the P6 pressure point, blocking nausea, and are nice to have as well.

REEF-FRIENDLY SUNSCREEN

We are doing our best to spread the word about the need to use sunscreens that don't have a negative impact on the coral and sea life here in French Polynesia. You can learn more about which popular sunscreens are "reef-friendly" using [this link](#).

We also highly recommend bringing a long-sleeved rash-guard to wear while snorkeling and swimming to decrease the amount of sunscreen to be applied every time you jump in the water.

SNORKELING EQUIPMENT

Masks, fins and snorkeling tubes are available onboard for use or you can bring your own equipment from home.

ALCOHOL

We will be providing a fun, complimentary "tropical sunset" cocktail of the day each evening during your charter. This will most often involve a local rum and fruit juice. Prior to the start of your charter, you will have the opportunity to buy alcohol, cocktail ingredients and specialty soft drinks you may prefer to have onboard at a local store, very close to the embarkation area. The islands of Tahiti have a nice selection of affordable French wines and local Tahitian beer.

Hard alcohol is quite pricey in French Polynesia, so we recommend bringing your favorite spirits with you from home (in packed luggage) or from Duty Free. You can purchase alcohol at the airport Duty Free in LAX, SFO, Hawaii or Seattle prior to departure from the USA, or in Tahiti once you arrive. Duty Free in Tahiti is located next to the baggage claim before you exit security.

We are also happy to provision any alcohol, specialty soft drinks and cocktail ingredients for you in advance.

A REMINDER TO PACK LIGHT!

A reminder that charter life and Tahiti life in general is quite casual and you don't need much! [Click here to check out our recommended packing list](#) one last time before you hit the road! Don't forget to pack your sense of adventure!